



Lost II

How to find Rest from
Troubled waters



1 King 17:1

1 Now Elijah the Tishbite, from Tishbe in Gilead, said to Ahab, "As the LORD, the God of Israel, lives, whom I serve, there will be neither dew nor rain in the next few years except at my word."



1 King 18:17-18

17 When he saw Elijah, he said to him, "Is that you, you troubler of Israel?"

18 "I have not made trouble for Israel," Elijah replied. "But you and your father's family have. You have abandoned the LORD's commands and have followed the Baals.



True Rest is only found in Jesus

- **John 7:37-38**

37b Jesus stood and said in a loud voice, **"If anyone is thirsty, let him come to me and drink.**

38 Whoever believes in me, as the Scripture has said, streams of living water will flow from within him."



Jeremiah 2:13

13 "My people have committed two sins: They have forsaken me, the spring of living water, and have dug their own cisterns, broken cisterns that cannot hold water.



Matthew 11:28-30

28 "Come to me, all you who are weary and burdened, and I will give you rest.

29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

30 For my yoke is easy and my burden is light."



1 Corinthians 1:19-21

18 For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God...

20 Where is the wise man? Where is the scholar? Where is the philosopher of this age? Has not God made foolish the wisdom of the world?

21 For since in the wisdom of God the world through its wisdom did not know him, God was pleased through the foolishness of what was preached to save those who believe.



1 Corinthians 2:6-9

6 We do, however, speak a message of wisdom among the mature, but not the wisdom of this age or of the rulers of this age, who are coming to nothing.

7 No, we speak of God's secret wisdom, a wisdom that has been hidden and that God destined for our glory before time began.

8 None of the rulers of this age understood it, for if they had, they would not have crucified the Lord of glory.

9 However, as it is written: "No eye has seen, no ear has heard, no mind has conceived what God has prepared for those who love him"--



Proverbs 3:5-6

5 Trust in the LORD with all
your heart and lean not on your
own understanding;

6 in all your ways
acknowledge him, and he will
make your paths straight.



Lost: How to find rest from troubled waters

1) True Rest first of all found in a Life Committed to Christ

2) His yoke is not burdensome

3) Trust in Him